

Purpose & Goals

The purpose of the F.C. Willamette Junior Academy is to provide talented and promising soccer players between the ages of 8 and 11 with an age-appropriate training program designed to foster “fast-track” development and improvement.

For promising young players to have every chance of reaching their highest potential they must:

- 1: Develop individual focus, commitment, motivation and talent,.
- 2: Have consistent access to qualified, experienced, and expert coaching.
- 3: Have the ability to learn from, train with and play against (as often as possible) players of similar talent and promise.

Learning to play skillful soccer is no different to developing an expertise in other activities — *it takes time, patience, quality instruction, and a desire and commitment to reach the highest standards of performance.*

Technical Director - Tom Rowney



- USSF “A” & English F.A. Licenses
- NSCAA Advanced National Diploma
- Former Head Coach, Oregon State University,
- Former Assistant, Seattle Storm (APSL),
- Former Assistant, University of Portland.
- Soccer Writer, “NSCAA -Soccer Journal”
- *Scholastic Coach*, M.A., Physical Education
- Soccer Author “*The Soccer Practice Planner*”

JA Activities

Academy Training

FCW’s JA training sessions programs are separated into Curriculum Levels. At each session participants follow a sequential and progressive series of themes and topics to aid quick development (for a listing of themes/topics for each level please visit our web site). Participants are tested each week on covered themes/topics and at the end of the season must have reached a minimum standard in order to register for the next curriculum level. Participants not reaching the minimum standard may participate in a review of the previous level during the following session.

Fall & Spring League Play

Teams will be formed to allow our members to participate in 8 vs.8 League play during the Fall (September/October) and Spring (March-April) seasons. Teams formed for league play will attend one academy training session per week and (if participating in Fall or Spring league) one team session with their team’s volunteer coach.

Summer Tournament Play

Junior Academy members are invited to participate in several in-state summer tournaments scheduled throughout the summer. Tournaments will be coached by FCW JA Staff and team volunteer coaches.

Winter Indoor League

Where demand warrants JA teams will be formed to participate in winter indoor leagues.

Inter-Club Game Days

On occasions throughout the year our JA members will be invited to participate in games against other Oregon clubs which conduct Academy or Developmental programs.

FCW Tournament Days

All FCW Junior Academy members will be invited to participate in the FCW tournament Days which are a one-day indoor tournament held on one or two school vacation days per year.

General Information

Eligibility

FCW Junior Academy is open to boys and girls ages 8 to 11. There are no tryouts and anyone who has played soccer and would like to develop their abilities more fully is encouraged to join.

Location

With adequate numbers, separate training sessions and league games will be held in both Corvallis and Eugene.

Junior Academy Fees

	Existing Member	New Member
Academy Training Only①	\$ 70	\$ 85
Fall League Play②	\$ 105	\$ 120
Spring League Play②	\$ 105	\$ 120
Winter Indoor League	varies with # participants	
Summer Tournaments	varies with # participants	

①Per season. ② Includes Academy training.

Participants may register for Academy Training only. Fees payable at time of registration. New academy members fee includes training T-shirt and shorts.

Registration Procedure

Please register by the following dates for the season listed:

Fall Season - August 25th
Winter Season - November 20th
Spring Season - February 14th
Summer Season - June 10th

Complete the attached forms and mail with your registration fees (payable **to FC Willamette**) to:

FC Willamette – Junior Academy
PO Box 1642
Corvallis, OR 97339

Training Uniform

The standard FCW training uniform (Academy T-shirt, black shorts, black socks) is required at all training sessions. A t-shirt and shorts are included in the fees for new JA members. Existing members may purchase black socks and other uniform pieces by downloading an order form from the “Apparel” page on our web site at <http://www.fcwillamette.org> and mailing in the form to the FCW office.

Junior Academy Calendar

Fall Season

Academy Curriculum Sessions: Held once a week in September and October with our JA staff. Some sessions may be held indoors.

League Play: At least 8 games played in September and October. Individuals or teams may register for League play. League participants must register for the Academy Curriculum sessions.

Winter Season

Academy Curriculum Sessions: Held once a week typically starting in November through February with our JA staff. Sessions held indoors.

Indoor League Play: Based on demand, teams will be formed to participate in Indoor League play. Number of games will depend on league size at the indoor facilities. Games played in December, January and February.

Spring Season

Academy Curriculum Sessions: Held once a week in March and April with our JA staff. Sessions may be held indoors.

League Play: At least 8 games played in March and April. Individuals or teams may register for League play. League participants must also register for the Academy Curriculum sessions.

Summer Season

Junior Academy General Sessions: Held two to three times per week mid-June through mid-August with our JA staff.

Tournament Play: FCW will establish a tournament calendar for selected tournaments in June, July and August. JA participants may sign up for any tournament they wish to attend.

Interclub Game Days: Includes 2 to 4 visits to or from other Oregon clubs who conduct developmental or academy programs.

Feel Free to Visit our web site

<http://www.fcwillamette.org>

What makes F.C. Willamette the right program for talented soccer players?

Focus on Individual Development

Our main focus is not on team performance but on developing the abilities of individual team members to give them a firm grasp of the technical and small-group tactical demands of the game.

Quality Experienced Coaching

To encourage correct and continued development for players who have shown talent, promise, and commitment at a young age access to experienced coaching is crucial. FCW is committed to providing the best possible coaching available.

Sequential, Progressive Training Curriculum

To take full advantage of learning capabilities training needs to be logically sequential, coordinated, progressive, and fun. Our curriculum allows participants to learn quickly, but at a steady and focused pace. The teaching of the various aspects of the game are presented in such a way that the learning of one aspect follows naturally, providing a solid foundation for the learning of the next aspect.

Fun League and Tournament Competition

While playing games against peers is important for continued development and interest in the game our main focus in League and tournament play is to encourage the use of techniques and tactics learned in Academy training sessions.

Establishing High Expectations & Standards

Our expectations and standards with regard to behavior, training, development etc. are high and individually—rather than team—based.

Visit An Academy Session

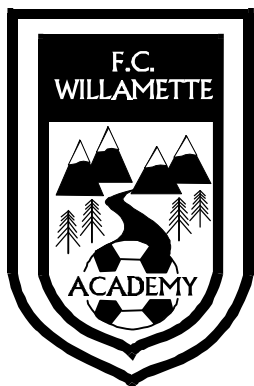
We encourage prospective members to visit with our coaches or participate in an academy training session at any time they wish. Please call our office to arrange a visit or for our current schedule of activities.



2009-10 Junior Academy Training, League & Tournament Play for Ages 8 to 11



FC Willamette
PO Box 1642
Corvallis, OR 97339-1642
phone: (541) 753-4902 Fax: (541) 753-0811
web: fcwillamette.org
e-mail: info@fcwillamette.org



2009-10
Junior Academy
Registration Form



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web: fcwillamette.org
e-mail: info@fcwillamette.org

FCW Junior Academy 2009-10
Individual Registration Form

I wish to register for the following JA Activities:

Season (see "Schedules" Page at fcwillamette.org for season schedule)

- Summer 09 – Session 1 Summer 09 – Session 2
 Fall 09 Winter 10 Spring 10

Academy Training - Curriculum Level (not required for Summer Sessions):

- Level 1&2, Level 3&4, Level 5&6
 Level 7&8, Level 9&10, Advanced Level

League Play

- Fall 08 Winter 09 Spring 09

Last Name _____

First Name _____

Gender M / F School Grade in Fall 07 _____

Birth Date ____ / ____ / ____

Street _____

City _____

Zip _____

School _____

Home Tel. _____

Mothers Name _____

Work Tel. _____

Mother's Cell _____

Mother's Email _____

Father's Name _____

Work Tel. _____

Father's Cell _____

Fathers Email _____

Emergency Contact _____

Relationship _____

Emergency Contact Phone _____

Medical Consent & Release of Liability

- I authorize all medical, surgical, diagnostic, and hospital procedures as may be performed or prescribed by a treating physician for my child if I cannot be reached in case of an emergency.
- I agree that neither I nor my child will bring any claims of any kind against F.C. Willamette, OYSA, or any affiliates, their agents, staff, or sponsors as a result of any injuries, expenses or damages that I or my child may suffer in connection with my child's participation in the program, whether such claims are known or unknown or arise in the future.
- I agree that F.C. Willamette retains the right to use photos taken of participants for advertising purposes only.
- I understand that no one is authorized by F.C. Willamette to alter, modify, or waive any of the terms of this agreement in any way.

Player's Legal Name: _____

Parent Signature: _____

Date: _____

Name of Medical Insurance: _____

Insurance Plan # _____

Family Physician _____

Phone: _____

Player Medical Information

Date of Last Tetanus Shot ____ / ____ / ____

Do you wear contact lenses? Yes _____ No _____

List Allergies: _____

List Medications taken on a regular basis: _____

List any medical problems or conditions you feel would be helpful for our coaching staff to know:
